### Developing an Action Plan for Physician Engagement

ARcare Leadership Little Rock, Arkansas September 14, 2018





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#### Agenda

- Introductions
- Provider Engagement
- Strategies for Success
- Feedback
- Break
- Survey Results
- Action Planning
- Lunch

Source: https://subtracers.com/subtracers-blogs/



## The hospital CEO's most important job is developing and nurturing good medical staff relationships.



Source: Personal conversation with John Sheehan, CPA, MBA





#### Caveats

- I'm honored to be a rural family physician
- We will discuss over 1 million <u>individuals</u>
- Stereotyping is inherently unfair
- Will you allow me some latitude?



#### The Enemy



We have met the enemy, and they are ours. Oliver Hazard Perry

We have met the enemy, and he is us.

Walt Kelly





#### **CEO Quotes**

- This job would be a helluva lot easier if it weren't for those damn physicians.
- They've got pediatric personalities!
- I'm going to drive that SOB out of town.
- The medical staff meeting will be held at the local hotel we don't want blood on our conference room walls.

#### <u>Or...</u>

• I'm blessed by my physicians.



- Ubiquitous and longitudinal
- Pervasive and persistent
- Important now more than ever due to shared risk
  - ACO performance measures are primary care
  - Physicians deliver healthcare quality
  - Physicians drive healthcare costs
- Will discuss "physicians," but "providers" is also appropriate (and I'd argue most clinicians)



Source: https://www.huffingtonpost.ca/nadia-alam/omaphysicians-services-agreement\_b\_11310200.html



#### *Physician Engagement:*

Proactive physician involvement and meaningful physician influence that lead the organization toward a shared vision and a successful future.

- Although a cultural phenomenon, physician engagement is also:
  - Observable
  - Measurable
  - Improvable

Source: <a href="http://www.markhastings.net/relocation.htm">http://www.markhastings.net/relocation.htm</a>



#### Culture

- Culture is a hidden yet unifying theme that provides meaning, direction, and mobilization.
- Culture is the residue of success.
- What we do; what we believe.
- Thus, culture is *measurable* 
  - Measurement focuses attention
  - Attention is currency of leadership
- Physician engagement is a manifestation of a culture

Sources: Kilman, Sexton, Serpa, 1985 and Edgar Schein, 1999

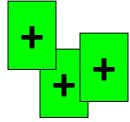


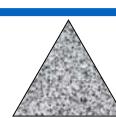
- It's hard to change others
- It's easier to change your reaction to others!
- Leadership people follow because they <u>want</u> to, not because they <u>have</u> to
- Consider physicians (and all knowledge workers) as volunteers
- Remember: it's all about, and always about, relationships built on trust



Source: https://www.thetransition.org/site\_expectations

#### The Balance of Trust







Clint MacKinney, MD, MS



#### Never the Twain Shall Meet?



#### **Physician**

Doer Solution-oriented 1:1 interaction Always "on" Decision-maker Autonomous Patient advocate **Professional ID** Immediate gratification

#### **Administrator**

Planner/designer **Process-oriented** 1:N interaction Some down-time Delegator Collaborative Organization advocate **Organizational ID Delayed** gratification

Source: Adapted from "The Dual Role Dilemma," by Michael E. Kurtz, MS





#### Why So Challenging?

- Physician/Administrator differences
- Unrealistic expectations
- No measurement
- No action plan
- No follow-up
- And leadership fatigue

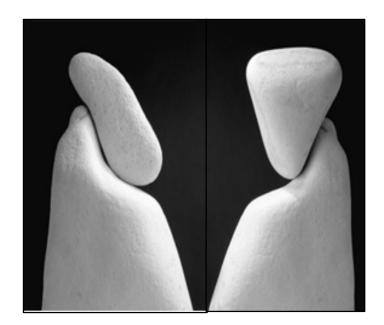
(Compare the "task" of physician engagement to the "process" of building a new clinic!)



Source: <u>https://www.fintechsv.com/blog/vcchat-venture-</u> capital-challenges-with-aligned-partners-ulu-ventures/

#### **Break for Feedback**

- What has been most challenging when engaging providers?
- What barriers to provider engagement have been most vexing?
- What tactics seem to engage providers?
- What has sustained you during the battles?







#### Mindful Action

- Engagement does not happen by accident!
- Detailed action plan
  - Measures, accountabilities, resources, timeline, due dates
  - *Be realistic* this is tough, but important work!
- Measures
  - Governance
  - Education
  - Compensation
  - Data
  - *Relationships* (measurable?)



15

Source: https://www.safeaccessnow.org/washington



- Find mutual interest
- Manage meetings
- Nurture leadership
- Communicate up/down
- Monitor your progress

Source: https://imgflip.com/memetemplate/14860786/Success-Baby





#### **Mutual Interest**

- Develop a philosophy of mutual benefit / shared vision
- Keep the hidden agenda out
- Solicit meaningful physician input early and often, and then act on it
- Engage physicians in balancing business and patient priorities
- Set realistic goals together, go for early wins, celebrate!



#### Meetings

- Ask, "Is a meeting necessary?"
- Schedule meetings and select venues appropriately
- Consider meeting goal(s)
- Plan and distribute an agenda
- Differentiate action and discussion
- Involve physicians in strategic and capital planning
- Delineate next steps, and always follow-up as promised





#### **Physician Leadership**

- Identify, mentor, and educate physician leaders
- Invest in physician leaders
- Reward physicians in ways they value
- Attend a leadership conference together
- Get to know physicians on a personal level – meet one-onone

Source: Adapted from: LeTourneau, B. From Co-opetition to Collaboration. *Journal of Healthcare Management*. 49:3. May/June 2004.

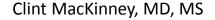




During times of change, leaders should triple their efforts at communication Peter Drucker

- Ask how, when, and where
- Multiple media, multiple times
- Get out and about (MBWA)
- Provide data transparency, but do not overstate discrete measure importance





#### Data

#### Data should be

- Accurate
- Relevant
- Comparative
- Benchmarked
- Unblinded
- Transparent

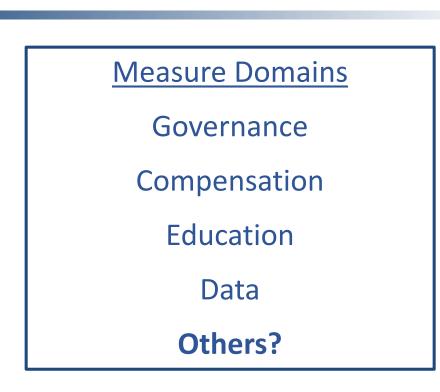
- If we use inaccurate or irrelevant data → "It's wrong."
- If we provide no comparisons (internal and/or external) → "We're unique."
- If we present blinded data →
   "That's not me."
- And fit within a clear and well-communicated vision



#### **Monitoring Progress**

- Although cultural, personal and organizational <u>behaviors</u> are key to success.
- Spreadsheet is a <u>tool only</u>, and it is more objective than it should be.
- Not for comparing administrators!
- What additional domains might assess provider engagement culture?







#### A Spreadsheet to Assess Progress

Density         Additive         Detailing         Detailing <thdetailing< th=""> <thdetailing< th=""> <thdeta< th=""><th></th><th></th><th></th><th></th><th></th><th></th><th>Weighted</th></thdeta<></thdetailing<></thdetailing<>							Weighted
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3       Strategic Planning       Provider strates in the provider state is the provider state in the provider state is the provider state in the provider state in the provider state is the prov		2 Provider Leadership				>1.0 FTE per 30 active providers	
4       CED/Provider Meetings       only with specific agends       with select individual providers       individually every 9-12 months       individually at least every 3 months         Subtorals       0       0       0       0       0       0       0X         Subtorals       0       0       0       0       0       0X         Subtorals       0       0       0       0       0X       0X       0X         Compensation       Provider compensation is not based on care quality       mask on care quality       months on care quality       months on care quality       mask on care quality       months on care quality       months on care quality       mask on care quality       mask on care quality       mask on care quality       mask on care		3 Strategic Planning		Provider(s) lead clinical committees		provider participation in strategic and	
S       Quality Compensation       Provider compensation is not based on care quality       15%-50% of provider compensation based on quality, satisfaction, and efficiency (e.g., cost caving)         S       Quality Compensation       Providers do not receive additional compensation for committee work       Providers receive equal compensation providers receive equal compensation compensation for committee work       IS%-50% of provider compensation based on cure quality         6       Committee Compensation       Providers do not receive additional compensation for committee work       Providers receive equal compensation (per hour) for committee than clinical work       OMO (or similar) receives equal compensation (per hour) for commensation (per hour) for commensation (per hour) for commensation (per hour) for commensation (per hour) for       CMO (or similar) receives receive equal compensation (per hour) for commensation (per hour) for commensation (per hour) for eadership than clinical work       CMO (or similar) receives receive equal compensation (per hour) for eadership than clinical work         8       Leadership Education       Hospital does not engage a CMO (or similar)       The CMO (or similar) receives equal compensation (per hour) for eadership than clinical work       The CMO (or similar) receives equal compensation (per hour) for eadership than clinical work         8       Leadership Education       Hospital does not engage a CMO (or similar)       The CMO (or similar) receives equal compensation (per hour) for       The CMO (or similar) receives equal compensation (per hour) for         9       Provider Education       Hospital		4 CEO/Provider Meetings					
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6       Committee Compensation       Providers do not receive additional compensation for committee work       (per hour) for committee than clinical work       compensation (per hour) for committee than clinical work       compensation (per hour) for committee than clinical work       compensation (per hour) for commensation (per hour) for leadership than clinical work       CMO (or similar) receives equal compensation (per hour) for leadership than clinical work       CMO (or similar) receives equal compensation (per hour) for leadership than clinical work       CMO (or similar) receives equal compensation (per hour) for leadership than clinical work         8       Leadership Education       Hospital does not engage a CMO (or similar)       The CMO (or similar) has a management degree or certification ret paid for by hospital       The CMO (or similar) has a management degree or certification ret paid for by hospital         9       Provider Education       Hospital does not support or encourage management education for select providers, but no financial support       The hospital indus management education for select providers, but no financial support       Hospital provides all 3 domains (quality, satisfaction, or cost) data to providers         10       Data Type       Hospital does not provide performance data to provider performance data to provider       Hospit		5 Quality Compensation		E		based on quality, satisfaction, and	
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8       Leadership Education       Hospital does not engage a CMO (or similar)       The CMO (or similar) does not have a management degree or certification not paid for by hospital       management degree or certification not paid for by hospital       management degree or certification paid for by hospital         9       Provider Education       Hospital does not support or encourage management education       The hospital annagement education for select providers, but no financial support       The hospital annagement education v\$2,000 per year for select providers       The spital funds management education v\$2,000 per year for select providers         0       0       0       0       0       0         10       Data Type       Hospital does not provide performance data to provide performance data to provide performance data to providers       Hospital provides 1 of 3 domains (quality, satisfaction, or cost) data to providers       (quality, satisfaction, and cost) data to providers       (quality, satisfaction, and cost) data to providers         11       Data Aggregation       Hospital does not provide performance data to provide performance data to provide performance data to provides       Hospital provides data aggregated to the entire medical staff       Hospital provides provider performance data to provide performance data to provide performance data to provide       Hospital provides provider performance data quarterly       Hospital provides provider performance data ageregroup and/or national benchmarks         13       Data Format       Hospital does not provide performance data to providers		Subtotals	0	0	0	0	0%
9       Provider Education       Hospital does not support or encourage management education       The hospital funds management education of s2,000 per year for select providers       The hospital funds management education <\$2,000 per year for select providers         0       0       0       0       0       0       0         Subtotals       0       0       0       0       0       0         10       Data Type       Hospital does not provide performance data to providers       Hospital provides 10 3 domains (quality, satisfaction, or cost) data to providers       Hospital provides data aggregated by specialty or another medical staff       Hospital provides providers       Hospital provides providers providers         Data       12       Data Frequency       Hospital does not provide performance data to provide performance data to provide the entire medical staff       Hospital provides provide specialty or another medical staff       Hospital provides provider group benchmarks         12       Data Frequency       Hospital does not provide performance data to providers       Hospital provides provider performance data agreguate to tables or spreadsheets       Hospital provides provider performance data agreguate to providers       Hospital provides provider performance data agreguate to the entire medical staff       Hospital provides provider performance data to provide performance data to provide       Hospital provides provider performance data agreguate to the entire medical staff       Hospital presents performance data agreguate to the e	Education	8 Leadership Education		management degree or certification	management degree or certification not paid for by hospital	management degree or certification paid for by hospital	
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		Subtotals	0	0	0	0	0%





#### A Spreadsheet to Assess Progress

<u>Domain</u>	Activity		Beginning
	1	Board Participation	Physicians do not attend HCO Board meetings
Covernance	2	Physician Leadership	HCO does not engage a CMO (or similar)
Governance	3	Strategic Planning	Chief of Staff or other physicians do not participate in strategic planning
	4	CEO/Physician Meetings	CEO meets with individual physicians only with specific agenda





#### A Spreadsheet to Assess Progress

Beginning	Progressing	Intermediate	Advanced
Physicians do not attend HCO Board meetings	Physicians attend HCO <sup>#</sup> Board meetings as ex-officio (non- voting) members	Physicians are voting Board members, but represent less than 25% of Board	Physicians are voting Board members, and represent greater than 25% of Board
HCO does not engage a CMO (or similar)	HCO engages a CMO (or similar) <0.5 FTE per 30 active physicians	HCO engages a CMO (or similar) 0.5-1.0 FTE per 30 active physicians	HCO engages a CMO (or similar) >1.0 FTE per 30 active physicians
Chief of Staff or other physicians do not participate in strategic planning	Chief of Staff participates in strategic planning	Physicians occasionally participate in HCO strategic and capital planning	Process ensures active physician participation in strategic and capital planning
CEO meets with individual physicians only with specific agenda	CEO meets regularly and informally with select individual physicians	CEO meets with all physicians individually every 3-12 months	CEO meets with all physicians individually at least every 3 months





DOMAIN	DEFINITION	
Mastery	Comprehensive knowledge of or skill in work: being good and getting better at what you do	
Autonomy and power	Control over your own work and environment; power to control the work of others	
Relatedness	Belonging to a team or organization; contributing to shared goals	
Social purpose	Having a positive impact on customers (patients) and coworkers	
Hygiene factor	Avoiding demotivation by reducing stress and anxiety, improving work-life balance, and making work easier	
Financial motivators	Direct or associated financial reward for performing tasks, behaviors, or achieving performance targets	

Source: Phillips-Taylor, M, Shortell, SM. More Than Money: Motivating Physician Behavior Change in Accountable Care Organizations. *Milbank Quarterly*. Vol. 94, No. 4, 2016.



## Mastery

## Membership

## Meaning

#### ~ note that they all interact ~

Sources: Kanter, RM. Three things that actually motivate employees. *HBR*. October 23, 2103. Bailis, R. Two simple, scientific approaches to motivational leadership. *Forbes*. October 29, 2014. <u>Ariely TED talk</u>



#### **Behavioral Standards**

- Disruptive physician or employee
- Impaired employee EAPs
- Hostile work environment
  - "... a work environment that would be intimidating, hostile, or offensive to reasonable people."
  - <u>Employer</u> liability legal and HR assistance
  - Mandatory training to prevent
- Behavior standards
  - Mirror organizational values; define specific behaviors
- Consistent application and due process



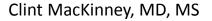
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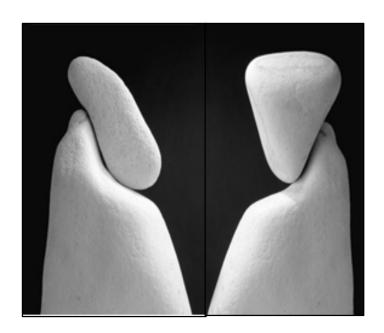


#### Break

- Give your brain, and your back side, a rest.
- "Sitting is the new smoking!"
- We've discussed
  - Provider engagement definition
  - Provider/administrator differences
  - Strategies to engage providers
- When we return, we'll discuss ARcare provider engagement survey results
- Begin thinking about what the survey *misses*



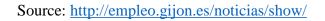






## To *quantitatively* assess provider engagement culture

- How do providers participate in organizational decision-making?
- How are providers compensated by the organization?
- How does the organization support physician leadership education?
- What data does the organization provide to providers?





- Online survey of ARcare leadership
- August/September 2018
- 14 responses to 22 survey invitations (64% response rate)
- Survey inquired about ARcare provider engagement in four domains
  - Governance
  - Compensation
  - Education
  - Data



#### Provider Engagement Survey Domains and Measures 32

- Governance
  - Board participation
  - Physician leadership
  - Strategic planning
  - CEO/provider meetings
- Compensation
  - Quality compensation
  - Committee compensation
  - Leadership compensation
- Education
  - Leadership education
  - Physician education
- Data
  - Data type
  - Data aggregation
  - Data frequency
  - Data format





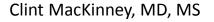


- We assume the organization's mission focus is *value* 
  - Higher quality
  - Improved satisfaction
  - Lower cost
- Survey's purpose is to assess objective (i.e., measurable) organizational behaviors
- If the goal is *trust*, then less measurable factors are also at play.



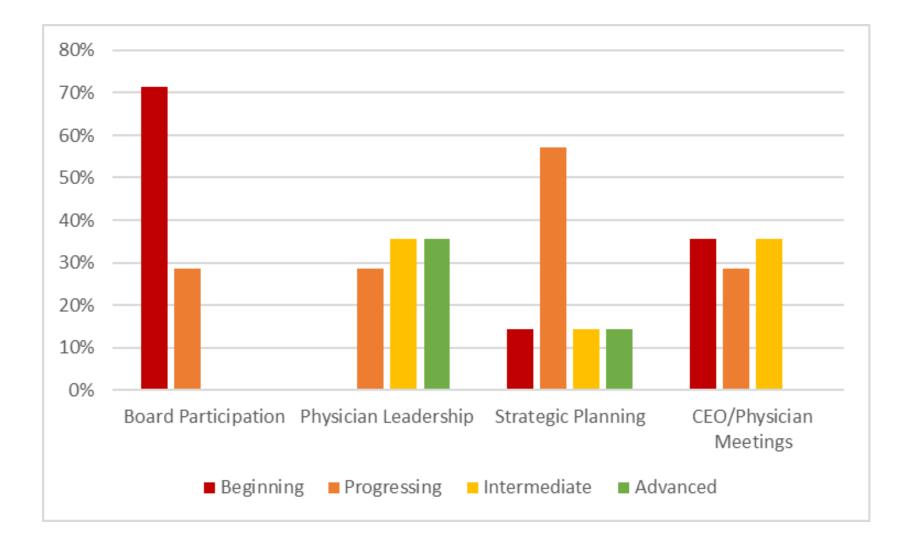
• Thus, survey is incomplete.







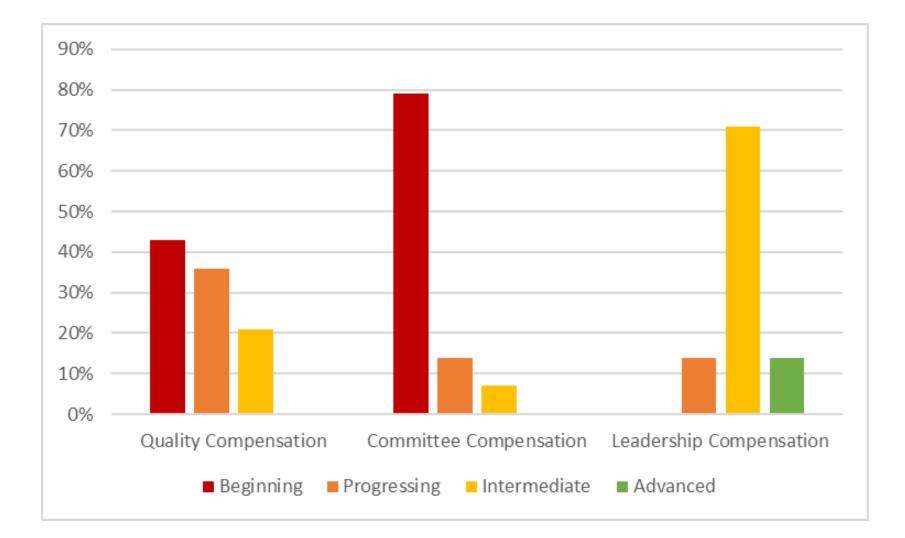
#### Provider Engagement via Governance







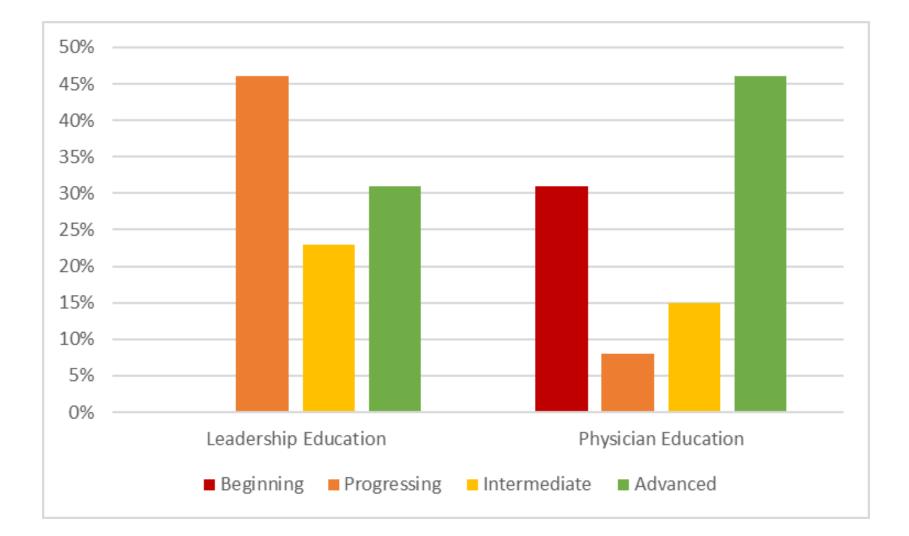
#### Provider Engagement via Compensation







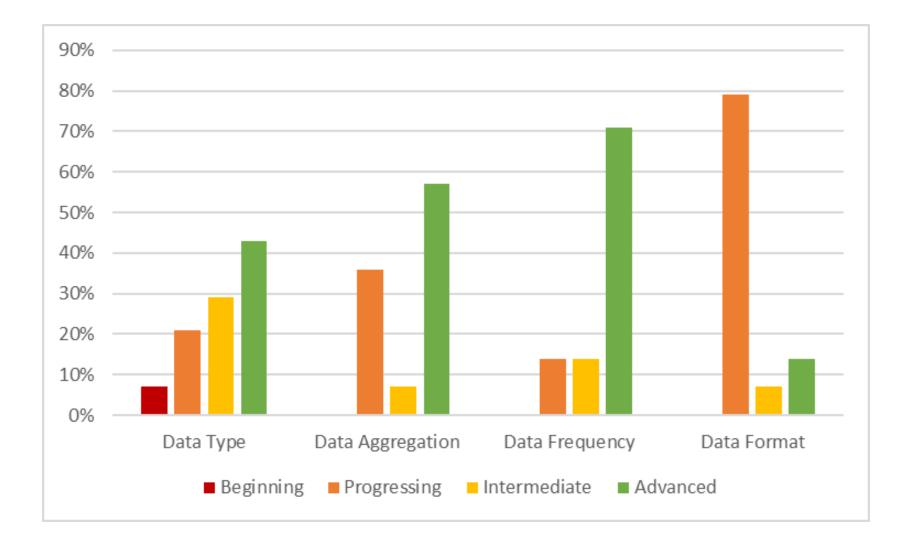
#### Provider Engagement via Education







#### Provider Engagement via Data







- Why might provider engagement be important to ARcare's future success?
- The survey responses vary fairly significantly by the individual. What might that mean?
- What is the difference between provider performance and provider engagement? Why is that difference important?
- Let's assume the survey measures important organizational policies. Where is ARcare performing best? How do we know that?
- When assessing provide engagement, what does the survey <u>miss</u>?
- What are the opportunities to engage providers more fully?
- If improved provider engagement is desired, what should ARcare leaders do next?



#### **Action Plan**





# Physicians can be astonishing allies

Starts and ends with relationships built on trust

- Trust engages the mind
- Truth engages the heart
- Teamwork realizes the vision



- Lee, TH and Cosgrove, T. Engaging doctors in the health care revolution. *Harvard Business Review.* June 2014.
- Beeson, SC. Engaging Physicians A Manual to Physician Partnership. 2009.
- Silverson, J and Kornacki, MJ. Leading Physicians Through Change – How to Achieve and Sustain Results. 2000.
- Kurtz, ME. The dual role dilemma. *The Physician Executive.* 1988.
- The Advisory Board. <u>https://www.advisory.com/topics/physician-issues/physician-engagement</u>



#### **Collaborations to Spread Innovation**

- ✓ Rural Health Value Project <u>https://ruralhealthvalue.org</u>
- ✓ Rural Policy Research Institute <u>https://www.rupri.org</u>
- The National Rural Health Resource Center <u>https://www.ruralcenter.org/</u>
- The Rural Health Information Hub <u>https://www.ruralhealthinfo.org/</u>
- The National Rural Health Association <u>https://www.ruralhealthweb.org/</u>
- ✓ The National Association of Community Health Centers <u>http://www.nachc.org/about-nachc/</u>

















